

e s t h è t e



a wellness studio

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Face Yoga

take your face to the gym

a deep myofascial sculpting massage of the face and scalp that lifts and smooths muscles to promote good facial posture. face yoga boosts circulation bringing fresh oxygen and nutrients to the skin in return promoting collagen production and strengthening elasticity. this treatment is incredibly relaxing for tense facial muscles.

warm up: cleansing, hot towels and a gentle pressure point+lymphatic drainage massage to warm up the face muscles.

workout: deeply work the facial and scalp muscles through intentional muscle manipulation sculpting massage. (intra oral buccal technique included)

cool down: calming and brightening treatment mask to cool face and refresh the skin. hot towels and decollete massage to relax.

tools used: hands, gua sha, dynamic facial cupping, accupressure stones, face yoga ball, kansa wand, heavy stone mask, cryo balls etc (customized to individual needs)

60 mins - \$120

90 mins - \$150 (recommended)

e s t h è t e Holistic Facial

includes: skin + lifestyle consultation before the treatment begins to better understand your skincare goals.

hot towels infused with essential oils to start. double cleansing, gentle exfoliation, steaming + extractions to clean the pores. treatment masking followed by face, shoulder + scalp massage. gua sha used to promote lymphatic drainage + reduce puffiness. ending with serum + cream to soothe and hydrate.

tools used: hands (depends on client- gua sha, cold accupressure stones, cooling stone mask, kansa wand, jade roller, wooden scalp brush etc)

75 mins- \$120

e s t h è t e Holistic Facial + Face Yoga

includes: skin + lifestyle consultation before the treatment begins to better understand your skincare goals.

hot towels infused with essential oils to start. double cleansing, exfoliation, steam + extractions. followed by a deep sculpting facial massage including intra oral buccal technique with scalp massage that will improve facial posture, reduce puffiness, promote collagen production, leaving skin lifted. treatment masking, serum + cream to hydrate and brighten skin.

tools used: hands (depends on client- gua sha, facial cupping, cold accupressure stones. kansa wand, jade roller, wooden scalp brush, etc)

2 hrs - \$175

W E L L N E S S S E S S I O N S

e s t h è t e

CELLUMA Light Therapy Facial

Illuminate your skin's natural radiance with CELLUMA Light Therapy Facial, a transformative experience designed to rejuvenate, repair, and revitalize. This advanced treatment harnesses the power of LED light therapy to target a range of skin concerns, including fine lines, wrinkles, acne, and uneven tone.

includes: skin + lifestyle consultation before the treatment begins to better understand your skincare goals.

hot towels infused with essential oils to start. double cleansing, gentle exfoliation, steaming + extractions to clean the pores. **30 min CELLUMA Light Therapy Session** (enjoy complimentary arm massage while you relax under the light). treatment masking followed by shoulder + scalp massage. End with serum + cream to soothe and hydrate.

75 mins- \$150

CELLUMA light therapy can be added to any treatment (including waxing sessions) : \$45

Gua Sha Facial + Lymphatic Massage

lymphatic drainage facial + massage to reduce water retention + puffiness giving the face a brighter more awake appearance. facial cleansing, exfoliation, steam + extractions, treatment masking and hot towels included.

tools used: hands, gua sha, facial cupping, jade rollers, acupressure stones.

60 mins - \$100

Wellness Back Massage

30 mins- \$60

Wellness Scalp Massage

30 mins - \$60

e s t h è t e custom wellness session

when the mental load is too much allow me to curate a one of a kind wellness session for you. whether it's to de-stress, reduce pain + tension, refresh your skin or just completely pause for a moment, i will come up with the perfect session to promote complete body wellness and relaxation.

***please contact me directly to inquire about a custom wellness session. price and treatment time to be determined prior to booking.**

w e l l n e s s s e s s i o n s



e s t h è t e

wax

lip, chin, side of
face **\$10ea**

full face **\$50**

brazilian **\$45**

half Brazilian **\$35**

Bikini **\$30**

bum cheeks **\$10**

underarm **\$15**

full arm **\$35**

half arm **\$20**

full leg **\$50**

half leg **\$35**

tummy **\$10**

half back **\$20**

full back **\$40**

brows

brow wax + shape
(signature) **\$30**

brow wax
+
brow tint
\$45

brow wax
+
brow tint
+
lash tint
\$70

esthetics

brow tint - **\$20**

lash tint - **\$30**

studio address will be given during
booking.

Please contact me directly to book.

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